



# Lean: Your Value-adding Model of Continuous Improvement

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There are four purposes of improvement: Easier,  
Better, Faster, and Cheaper.

These four goals appear in the order of priority.

-- Shigeo Shingo



# You'll soon be able to...

1

Identify the most common 8 wastes in service organizations

2

Understand PDSA change model & core Lean principles

3

Create a basic Value Stream Map

4

Name at least 3 additional Lean tools



# Lean in Child Welfare

## Issues

Regulation and red tape

Limited resources

Community-based

Unpredictable/emergencies

Inter-organization communication

Cumbersome forms

What else?

General term: "Things that bug me."



# Lean in Child Welfare



## Wins

Learning for staff on how to use Lean

Policy review process simplified

Intake process standardized

Volunteer onboarding streamlined

Staff wellbeing improvements

Youth development centers

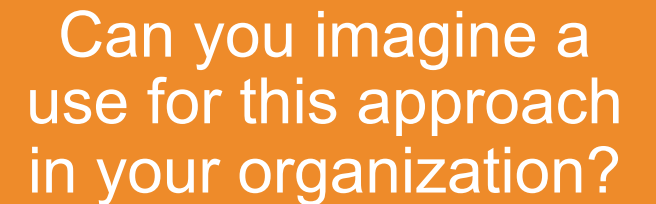
- Admission process streamlined
- Incident reporting process improved

Travel claim process simplified

# Lean Defined

- **Lean** – creating more value for customers with fewer resources
- **Lean** provides a way to think and methods to improve process efficiency by *removing waste* systematically.
- **Respect for People** is an essential aspect of Lean

*“The most important objective of the Toyota system has been to increase production efficiency by consistently and thoroughly eliminating waste” (Ohno, 1988, pxiii)*



Can you imagine a use for this approach in your organization?

# The Heart of Lean



“At the heart of Lean is really taking an interdisciplinary group of folks, leaving egos behind, and really trying to figure out process. Without staff involvement, nothing really succeeds.”

- Mark Bogen, SVP and CFO, South Nassau Communities Hospital, *HealthLeaders*, 2/14



# Lean is...

... a proven path of learning to work together more effectively.

-- Dan Jones



# The Wastes of Lean

My goal: You learn to see the wastes



# Waste

Waste is anything other than the minimum amount of equipment, materials, parts, and working time which is absolutely essential to the product or service.

-- Ohno Taiicho

# Goals

Eliminate!

Simplify!

Reduce!

# Over-production

**Definition:** Doing more than what is needed by the customer or doing it sooner than needed.

**Examples:** Excess printing; duplicate charting, long entries in records. Distributing anything before it is needed.

## Causes

Unclear goals

Misinterpretation of regulations

Computer systems not linked

Wanting to get ahead



# Over-processing

**Definition:** Putting more (effort, features) into the product than the customer wants.

**Examples:** Re-entering data, clarifying directives, re-printing, reformatting, unnecessary reviews or audits, unnecessary regulatory paperwork, details, or analysis

## Causes

Customer requirements not clearly defined

Lack of communication

Complex and/or redundant forms

Redundant required approvals

Don't let "Perfect"  
stand in the way of  
"Good enough"

# Defects

**Definition:** Producing bad quality services; time spent doing something incorrectly, inspecting for errors or fixing errors

**Examples:** Data entry errors, typos, use of incorrect templates, wrong timelines

## Causes

Unclear and non-standardized procedures

Lack of training or the wrong skillset

Employee disengagement

Fatigue

Lack of error-proofed processes

Customer needs unknown or misunderstood



# Transportation

**Definition:** Movement of information, documents, reports that does not add value for customers

**Examples:** E-mails copied to many people, long approval chains

## **Causes:**

Poor understanding of process flow

Poor layout; large distances between operations

Multiple storage locations

Widely-spaced equipment

This about movement  
of materials, not  
people.



# Wasted Motion

**Definition:** Any movement of employees that does not add value to the service and customer

**Examples:** Excess walking between printers, copiers or people; driving in inefficient routes

## Causes

Double handling

Poor layout

Inconsistent work methods

Insufficient planning



# Waiting Time

**Definition:** Waiting for the next event or next work activity; idle time

**Examples:** Searching for letter templates, waiting for responses or approval

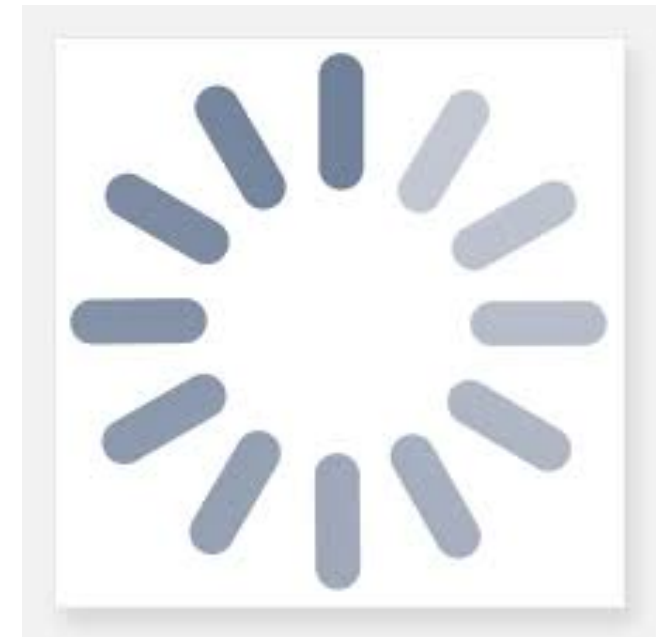
## **Causes:**

Unbalanced workload

Multiple information sources

Un-synchronized activities

Untimely customers



# Unused Employee Genius

**Definition:** Failure to use employees' mental, creative, and physical skills and talents, and abilities

**Examples:** The right person has the wrong job, narrow job descriptions, lack of the right tools for the work

## **Causes:**

Competitive not cooperative culture

Failure to re-evaluate skills

Lack of trust for employees or the team

Result: Employee  
disengagement &  
turnover

# Next: Some of the methods of Lean

PDSA

Value Stream Mapping

2 Second Lean

Video before and after

5S

# Plan Do Study Act

Deming's accepted model for continuous improvement



Sounds like the scientific method to me

Everyone can do this. Copy this back2back for a mini project guide



Adobe Acrobat Document

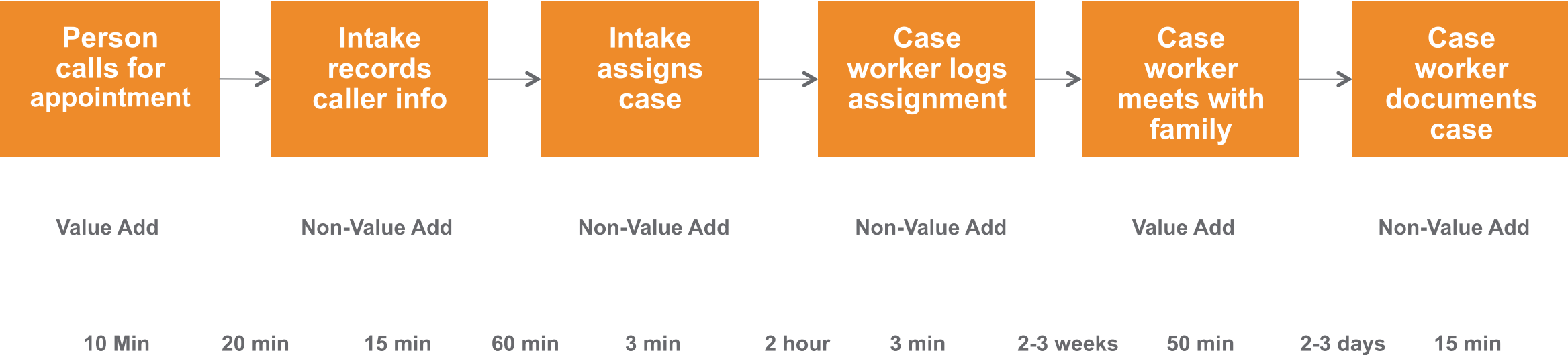


# Create a basic Value Stream Map

A value stream map is a lean method used to understand how value flows across your organization. High level.

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# 2 Second Lean

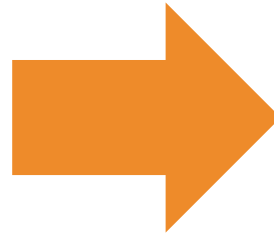
Paul Akers: Fix what bugs you

Start small

Invite everyone to make one tiny change a day



# 2 Second Example



# Video of before and after

Paul Akers: Videotape before and after your change

Promotes friendly competition

Watch “Making a Lean Video – Paul is a Pig” on YouTube

# 5S Your Workplace

<b>Sort</b>	Remove all items from the workplace that are NOT needed for current production
<b>Set in Order</b>	Arrange needed items so that they are easy to find and put away Items used often are placed closer to employee Label items so that anyone can find them and put them away in the correct place
<b>Shine</b>	Make sure everything is clean and functioning Ensure workspace is cleaned on an ongoing basis Maintain all set-in-order items regularly to ensure that work areas are ready for next use Inspect equipment for abnormalities
<b>Standardize</b>	Using tools, maintain consistent application of the first 3S's Integrate 3S duties into Regular Work Duties (Daily Checklist)
<b>Sustain</b>	Make a habit of properly maintaining correct procedures Reinforce the discipline of 5S

# Additional Lean Methods

Standard work

Daily Stand-up (from Agile)

Lean Health (Paul Akers)

Theory of constraints

Kanban

Mistake proofing

Kaizen

# Questions and wishes 2



# More?

1. Watch Paul Akers amazing videos on YouTube
2. Read or listen to: [2 Second Lean](#). Get it free at [www.paulakers.net](http://www.paulakers.net)
3. **Contact Tony Heath with questions. Free.**  
[tony.heath@optum.com](mailto:tony.heath@optum.com) or 630-725-2214
4. Google Lean public health and explore

Thank you

