# System Performance Measures as a Catalyst for Continuous Quality Improvement

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#### When Goals Seem Out of Reach







## Continuous Quality Improvement

"When you improve a little each day eventually big things occur."

"A mistake is valuable if you do four things with it: recognize it, admit it, learn from it, forget it."

- John Wooden

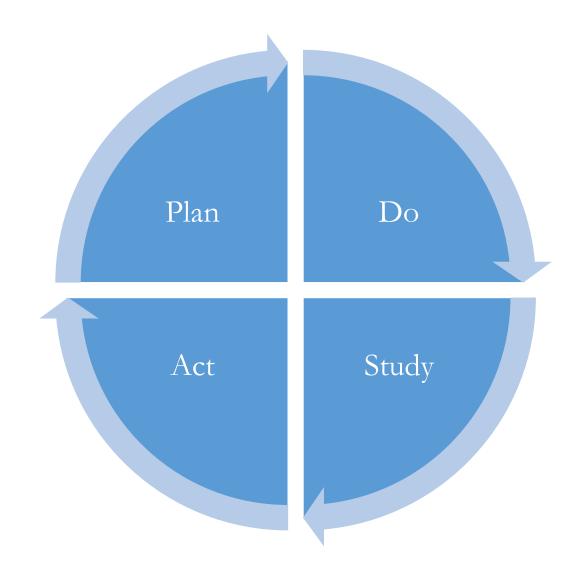




The Continuous

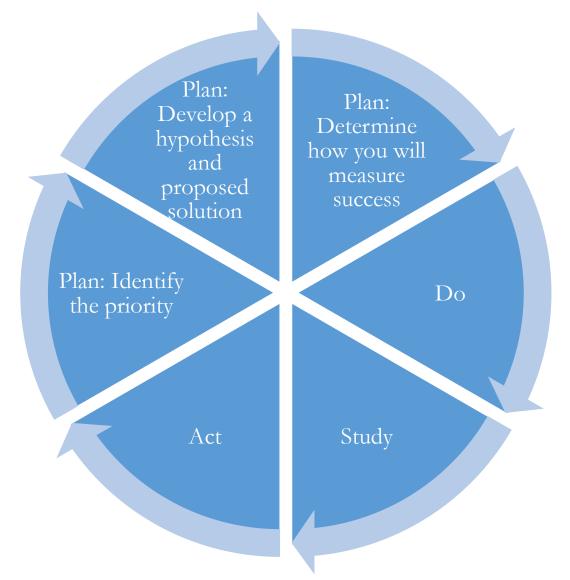
Quality Improvement

Cycle





## Continuous Quality Improvement

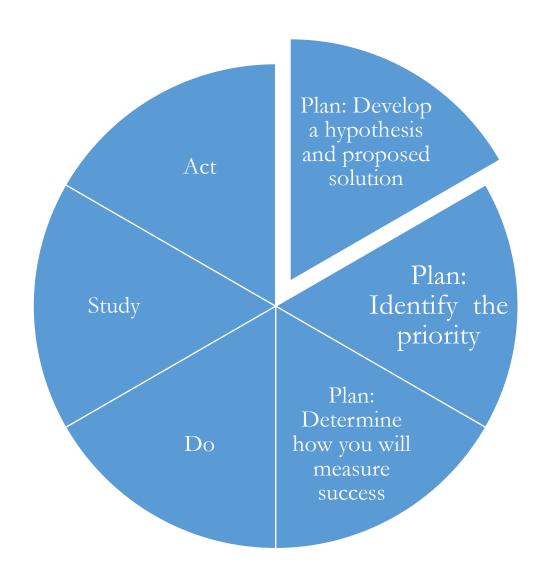


#### Three steps to planning:

- Identify the priority
- Develop a hypothesis and a proposed solution
- Determine how to measure success



## Continuous Quality Improvement



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## Developing and testing hypotheses

#### Hypothesis development:

I observe that <a>• [there is a specific problem].</a> I think it is because < • [of this reason]. So I plan to < [implement some intervention], which I believe will • [the desired outcome]. result in



## Evidence use during hypothesis development

#### Define the problem. [I observe that...]

• What evidence support this observation?

#### Hypothesize as to the cause of the problem [I think it is because...]

• What evidence supports this theory of change?

#### Identify a solution. [So I plan to...]

• What evidence support the hypothesis that this intervention will have the intended effect on the target population?

#### Set a performance target. [...which I thin will result in...]

• Collect data required for an analysis of intervention effectiveness and analysis of implementation fidelity.



## Group Activity





#### Outcome Measures

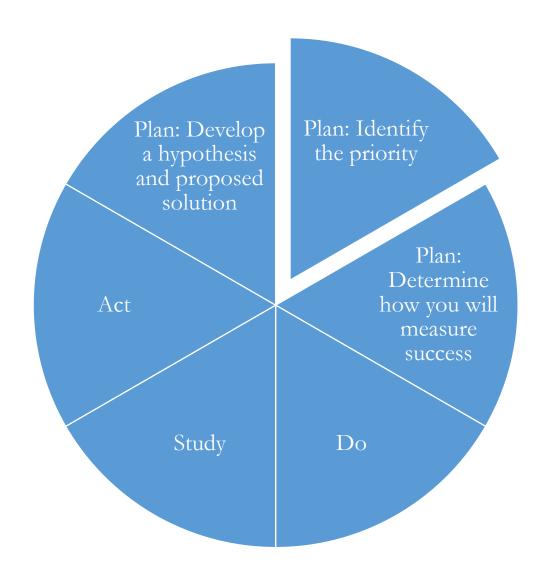
Too many choices can overwhelm us and cause us not to choose at all. For business this means that if they offer us too many choices, we may not buy anything.

- Sheena S. Iyengar





## Continuous Quality Improvement



#### Three steps to planning:

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## Focus on the Most Important

Goals Achieved with Excellence	2-3	1-2	0
	1		1
Number of Goals	2-3	4-10	11-20

The chance of achieving 2-3 goals with excellence is high, but an increase in the amount of goals connects with a decrease in the likelihood that the identified goals will be achieved with success.



## Focus on the Most Important

11-20 Goals

0 Goals

4-10 Goals

1-2 Goals

2-3 Goals

2-3 Goals

Number of Goals

Number of Goals Achieved





Balancing the Important and Urgent

Important

Urgent

Proactive

Internally driven

Strategic

Goals

Reactive

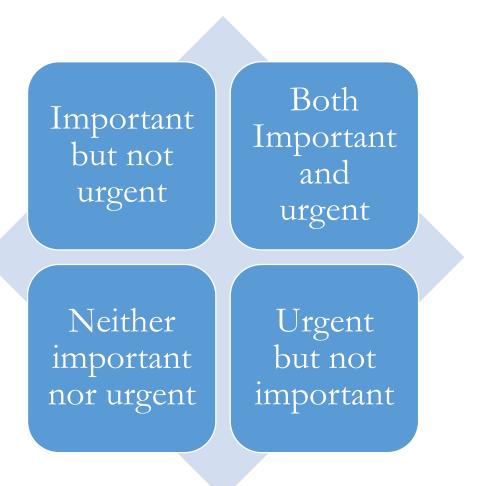
Exhausting

Externally driven

Whirlwind



## Important and Urgent





#### Outcome Measures

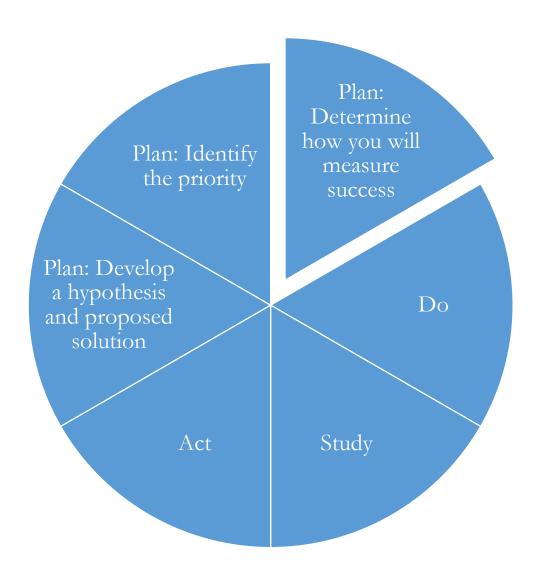
If one does not know to which port one is sailing, no wind is favorable.

- Seneca





### Continuous Quality Improvement



#### Three steps to planning:

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When determining your lag measures:

Begin with an action word We will increase or

decrease

Focus on the desired outcome

from "x" to "y"

Set a timeframe

"...by this date

Don't focus on the "How"

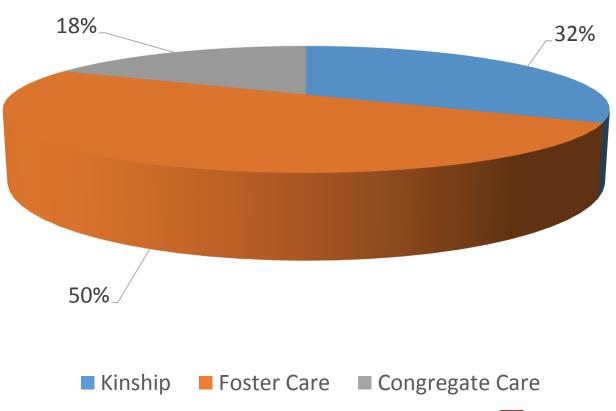
Role of the lead measures



Decrease the rate of children in congregate care from 18% in June of 2018 to 14% in June of 2019.

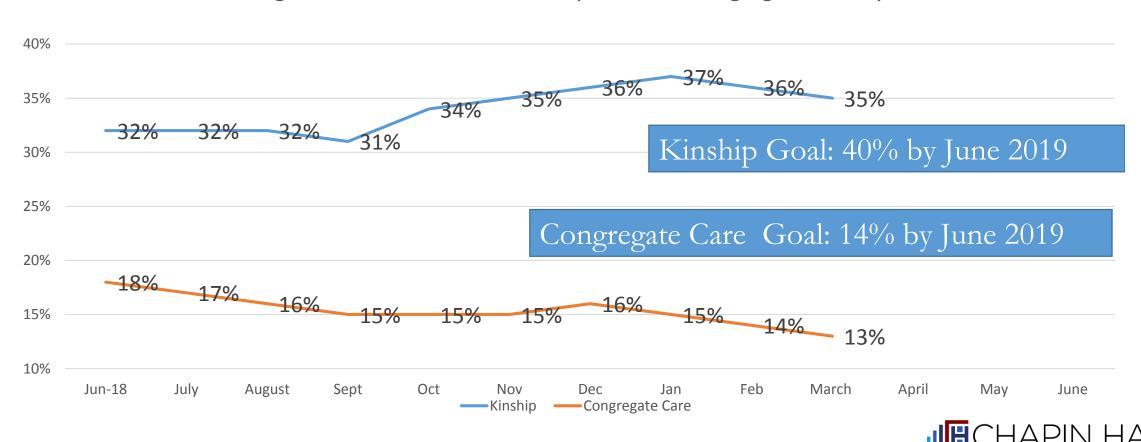
Increase the percentage of children in Kinship Placements from 32% in June of 2018 to 40% in June of 2019.

Percent of Children by Type of Placement June 2018





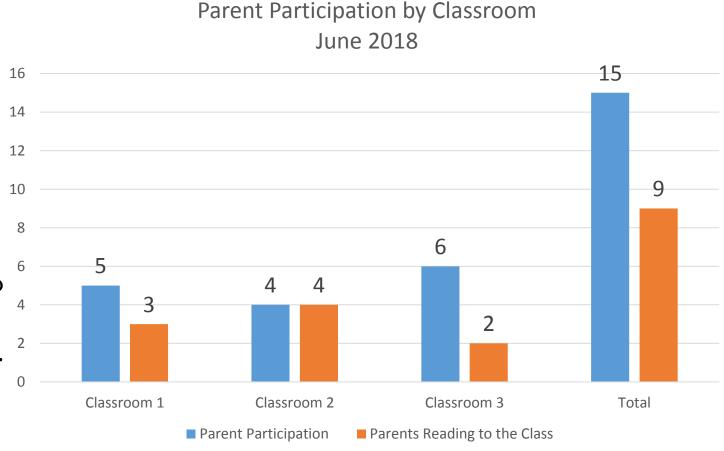
Percentage of Children Placed in Kinship Care and Congregate Care by Month



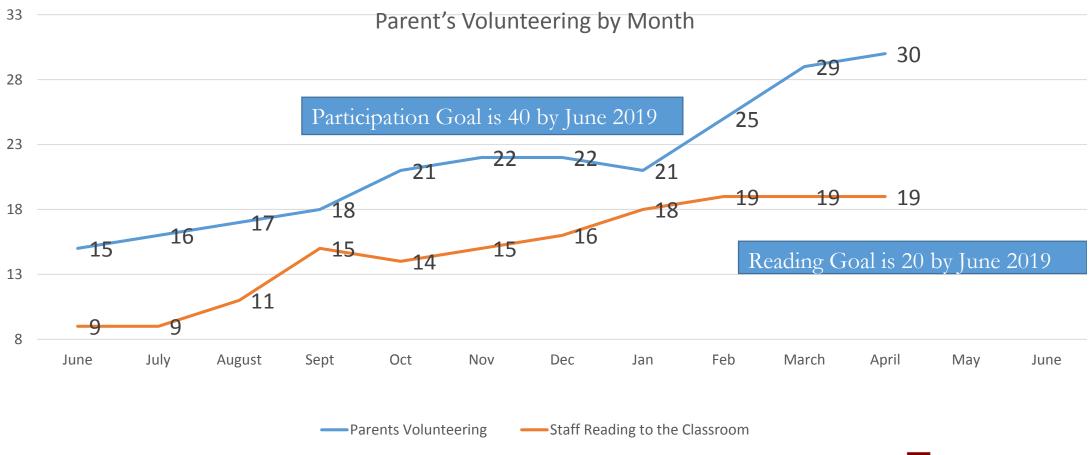
THE UNIVERSITY OF CHICAGO

• Increase the number of parents participating in the classroom from 15 in June 2018 to 40 in June 2019.

• Increase the number of parents who read a book to the class from 9 in June of 2018 to 20 in June of 2019.

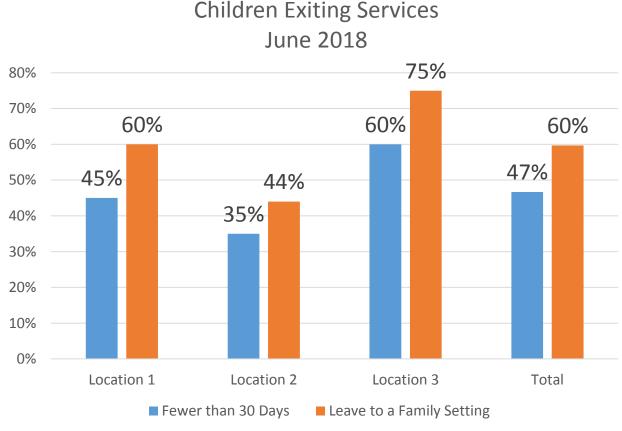






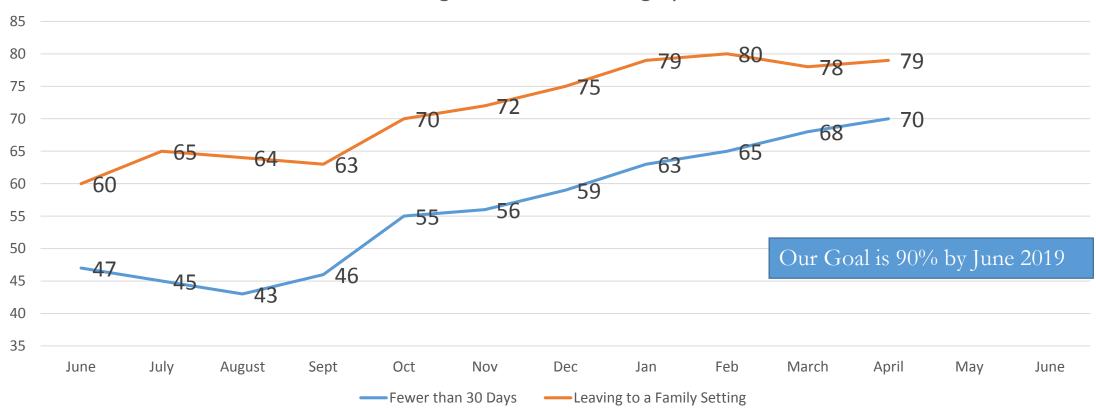


- Increase the number of children who exit within 30 days from 47% in June 2018 to 90% in June 2019.
- Increase the number of children who leave to a family setting from 60% in June of 2018 to 90% in June of 2019.



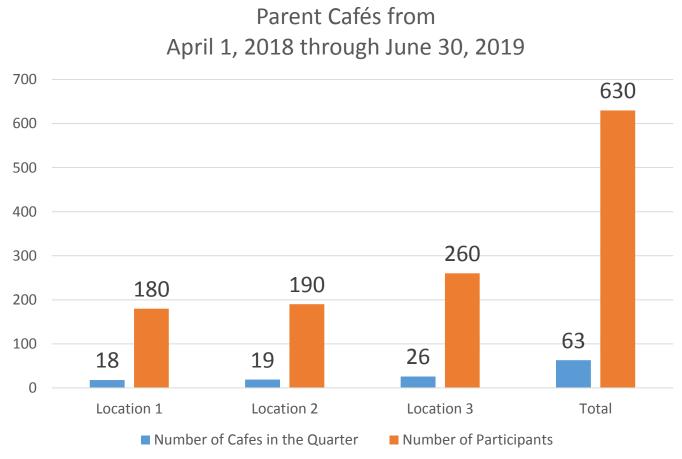


#### Percentage of Children Exiting by Month



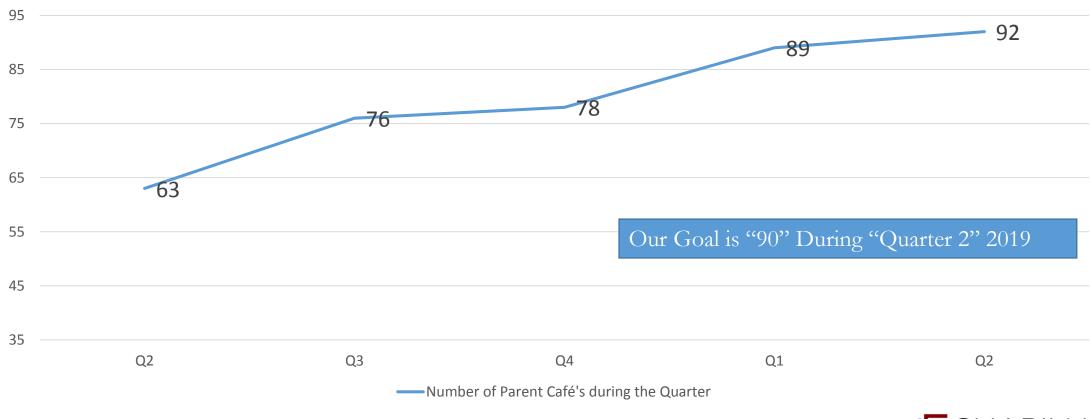
• Increase the number of Parent Cafes from 63 in the second quarter of 2018 to 90 in second quarter of 2019.

• Increase the number of Parent Café attendees from 630 in the second quarter of 2018 to 1,800 in the second quarter of 2019.



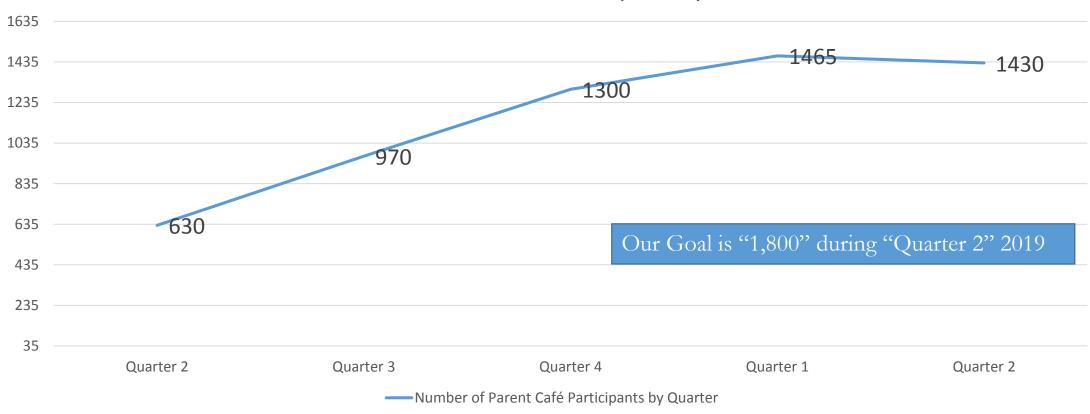








#### Number of Parent Cafes Participants by Quarter



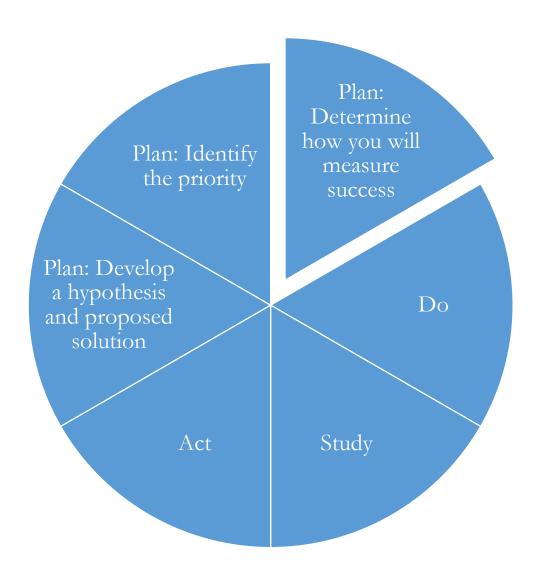


## Group Activity





### Continuous Quality Improvement



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### Process and Capacity Measures

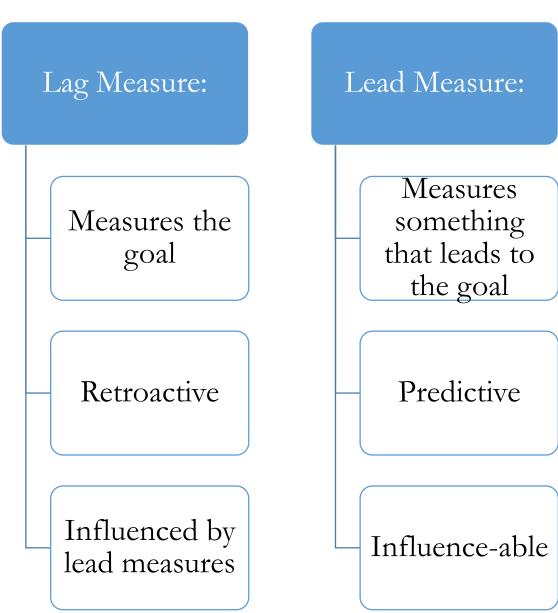
Plans are only good intentions unless they immediately degenerate into hard work.

- Peter Drucker





# Moving from lag measures to lead measures





# Implementation: Process, quality, and capacity

#### Process:

- Shape how the work is done
- Sometimes called compliance

#### Capacity:

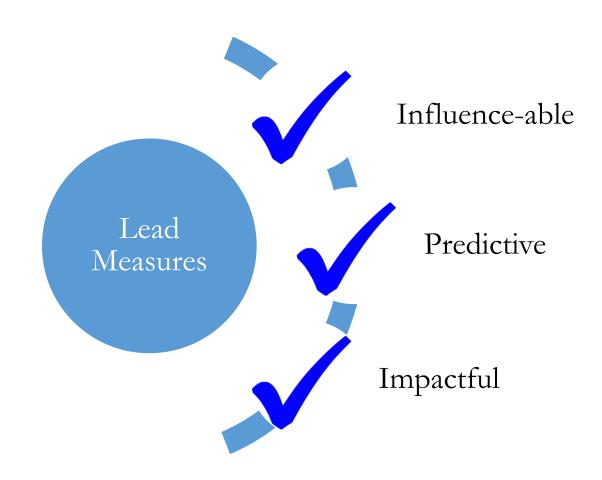
- Resources that the agency devotes to implementing the intervention
- Sometimes called context

#### Quality:

- Influence how well the work is done
- Sometimes called competency



## Key Components of Lead Measures





# Select the Battles that will Win the War

#### Identified Outcome

- Process
- Quality
- Capacity

Strategy

#### Identified Outcome

- Process
- Quality
- Capacity

#### Identified Outcome

- Process
- Quality
- Capacity



## Process for Selecting Lead Measures

Consider the Possibilities

Resist the temptation to choose too quickly

Rank by Impact

Narrowing the focus to a few lead measure will permit stronger leverage

Test the Top Ideas

Once you have identified a couple of high leverage lead measures then ask...

Ask:

Predictive and influence-able?

Ongoing process?

Measurable?



#### Act on the Lead Measures

Acting on lead measure is the discipline of leverage.

- "You cannot control how much your car breaks down"
- "You can control how often your car receives routine maintenance."





#### Act on the Lead Measures

Acting on lead measure is the discipline of leverage.

- "You cannot control what the scale says."
- "You can control calorie intake and activity level."

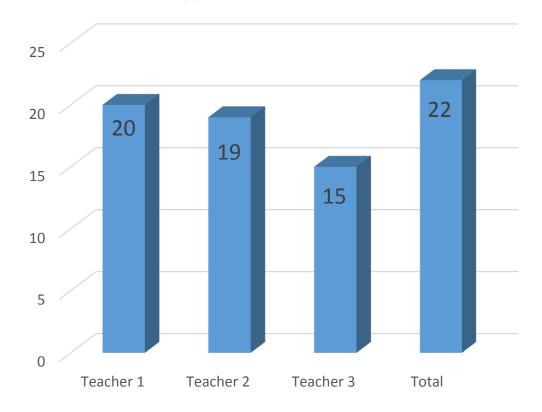




Lag: Increase the number of parents reading in the classroom from 9 in June 2018 to 20 in June 2019.

Lead: To accomplish this teachers will approach 1 parent each day during drop off and inquire if the parent can stay and read a book. If the parent is not able to stay then the teacher will follow up and ask if the parent can come another day.

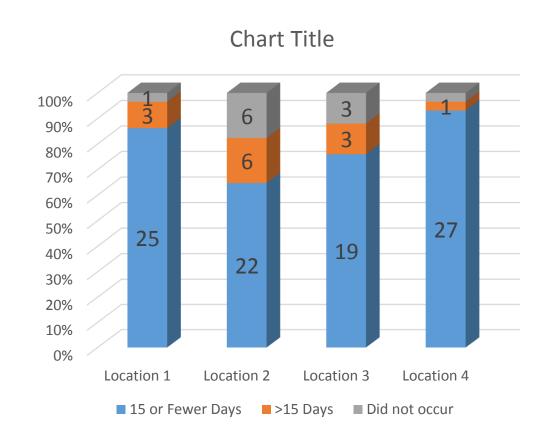
#### Parents Approached so far this Month





We want to increase the number of children who exit within 30 days from 47% in June 2018 to 90% in June 2019.

To help accomplish this, a discharge planning conference will occur on the 15<sup>th</sup> day of each hospitalization

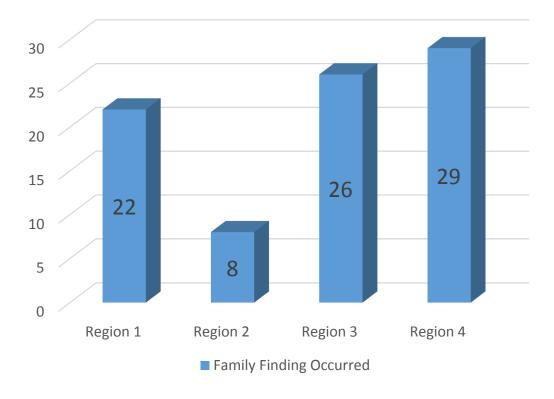




We wish to decrease the rate of children in congregate care from 18% in June of 2018 to 14% in June of 2019.

To help accomplish this Family Finding will occur for 100 youth monthly.

#### Family Finding Occurred so far this Month







"Do" <

• Collect data required for an analysis of intervention effectiveness and analysis of implementation fidelity

"Study"

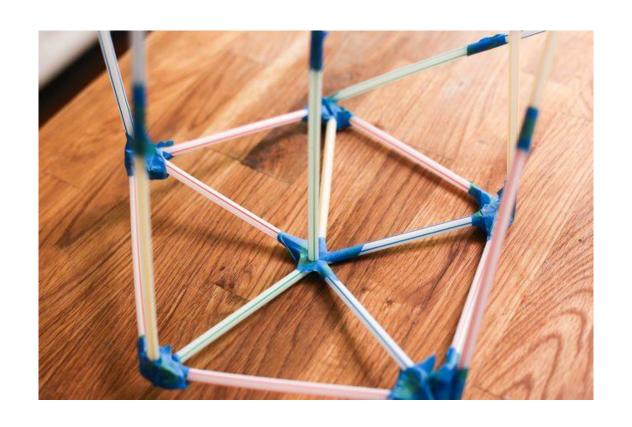
• Measure progress toward the target outcome

- Monitor implementation
- Determine the extent to which the problem still exists
- Confirm or refute the theory of change

• Adjust the intervention as needed



# Group Activity





# Reflections & Questions

What do you suspect will be most challenging when working to implement this?

What is something that you wished we spent a little more time on during the presentation?

What is something actionable that you may do as a result of this presentation?



#### For Additional Information....

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