

**BUILD A MULTIDISCIPLINARY
CQI DREAM TEAM AT YOUR ORG!**

IF WE CAN DO IT, SO CAN YOU!

THRESHOLDS

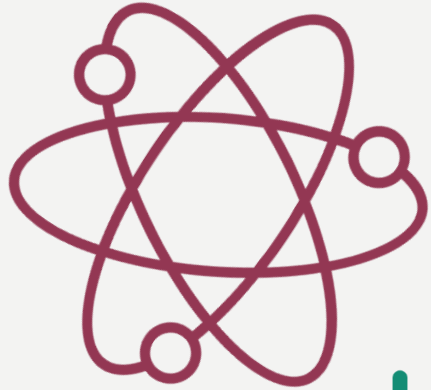
**YAYAS ERQ
2019**

WHO ARE WE?

- Vanessa Klodnick, PhD, LCSW
- Rebecca Johnson, LCPC (Soon another MA)
- Kristina Slacum Jones, MA
- Sarah Gomez, LCSW
- Ariel Brenits, BS (soon DPT)
- Britt Shearin, AM (soon LCSW)



OBJECTIVES



1. Describe the development & structure of our CQI team



2. Identify opportunities, obstacles & solutions to building relationships across departments



3. Consider lessons learned in implementing CQI dyads (i.e., evaluation specialist + quality manager)

ERQ MISSION

To be a national leader in TAYYA* mental health treatment through building, testing, refining & sharing TAYYA practice models.



* TAYYA = Transition Age Youth & Young Adults

OUR ACTIVITIES

- Continuous Quality Improvement in all YAYAS programs
- Logic & conceptual modeling; quality & fidelity measures
- YAYAS Advisory Board
- Grant writing

Quality Improvement & Evaluation

Knowledge Translation

- Journal articles & conferences
- Manuals, new practice, webinars, tools, systems, policies
- Advocacy & Advising on Legislative efforts

Research

- Mixed-Methods TAYYA projects at Thresholds & partner sites
- Multidisciplinary teams, engagement, vocational & peer support
- Grant writing to secure funding for these efforts – federal & foundation \$\$

Consulting, Technical Assistance & Training

- Projects with universities, states & providers
- Funded largely through federal initiatives

YOUTH & YOUNG ADULT SERVICES (YAYAS)

Kristina + **Britt & Rebecca**

Sarah + **Ariel**

The Mothers Project

Young Adult Program (YAP)

Emerging Adult

Pregnant & Parenting Teens Program
 • Ages: 16-24 & their children
 • 2 sites

Early Learning Center
 Ages: 0-5 year olds

YAP Residential & EXCEL
 • Ages: 16-21
 • 4 sites

REACH Transitional Living Program
 • Ages: 18-21
 • 3 sites

MindStrong
 • Early Intervention for Clinical High Risk for Psychosis (ages 13-25)
 • First Episode Psychosis Services (ages 14-40)
 • Commercial Insurance + Medicaid

Emerge Chicago
 CST
 Ages: 18-26 (Medicaid)

Emerge West
 • Multidisciplinary team-based care
 • Ages: 17-27
 • Westmont
 • Commercial Insurance + Medicaid

PATH Homeless Families Program
 Ages: 18+ & their children

YAP High School
 Ages: 16-21

Chicago

Westmont

YAYAS Supported Employment & Education

YAYAS Advisory Board

THE “DYAD”

Evaluation Specialist

Measurement & Analysis
Focus

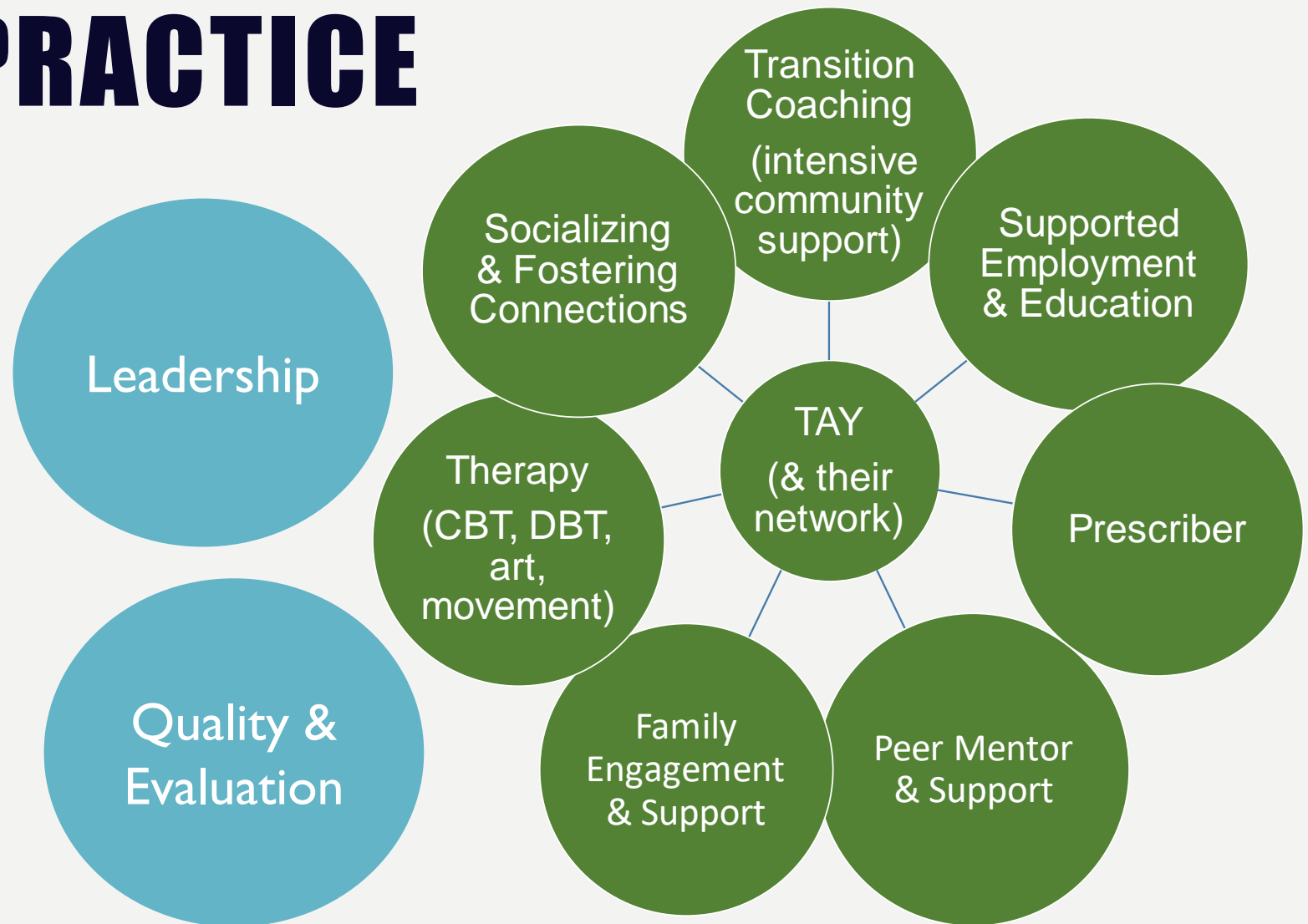
Data Cleaning, Visualization,
& Summarization for
reports, PDSA projects, &
any questions that arise

Quality Improvement Specialist

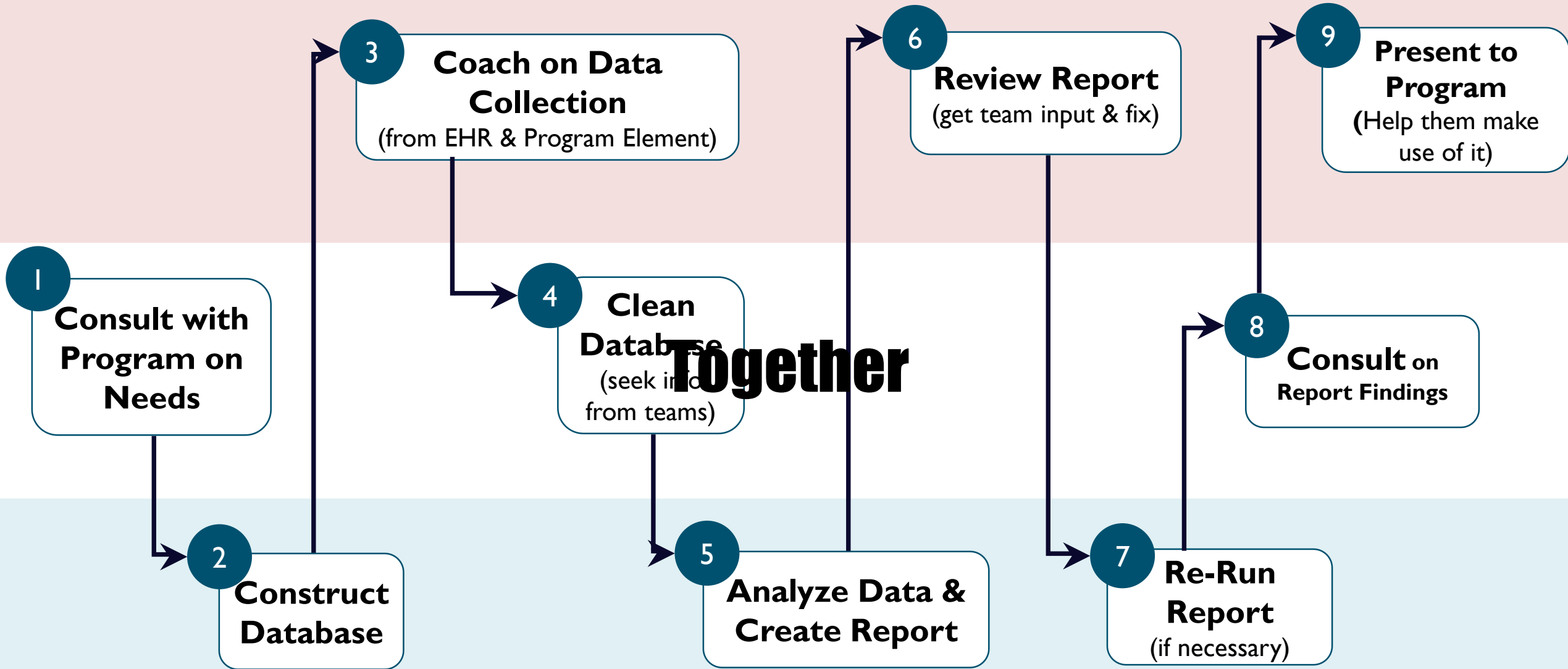
Leads PDSA process; data
collection strategist;
documentation coach;
ensures we meet
stakeholder/fidelity/funder
requirements

MULTIDISCIPLINARY TEAM THEORY & PRACTICE

Best TAY approaches are **MULTIDISCIPLINARY, TEAM-Based** & blend child & adult evidence-based practices using TAY Developmentally-attuned foundation.



Quality



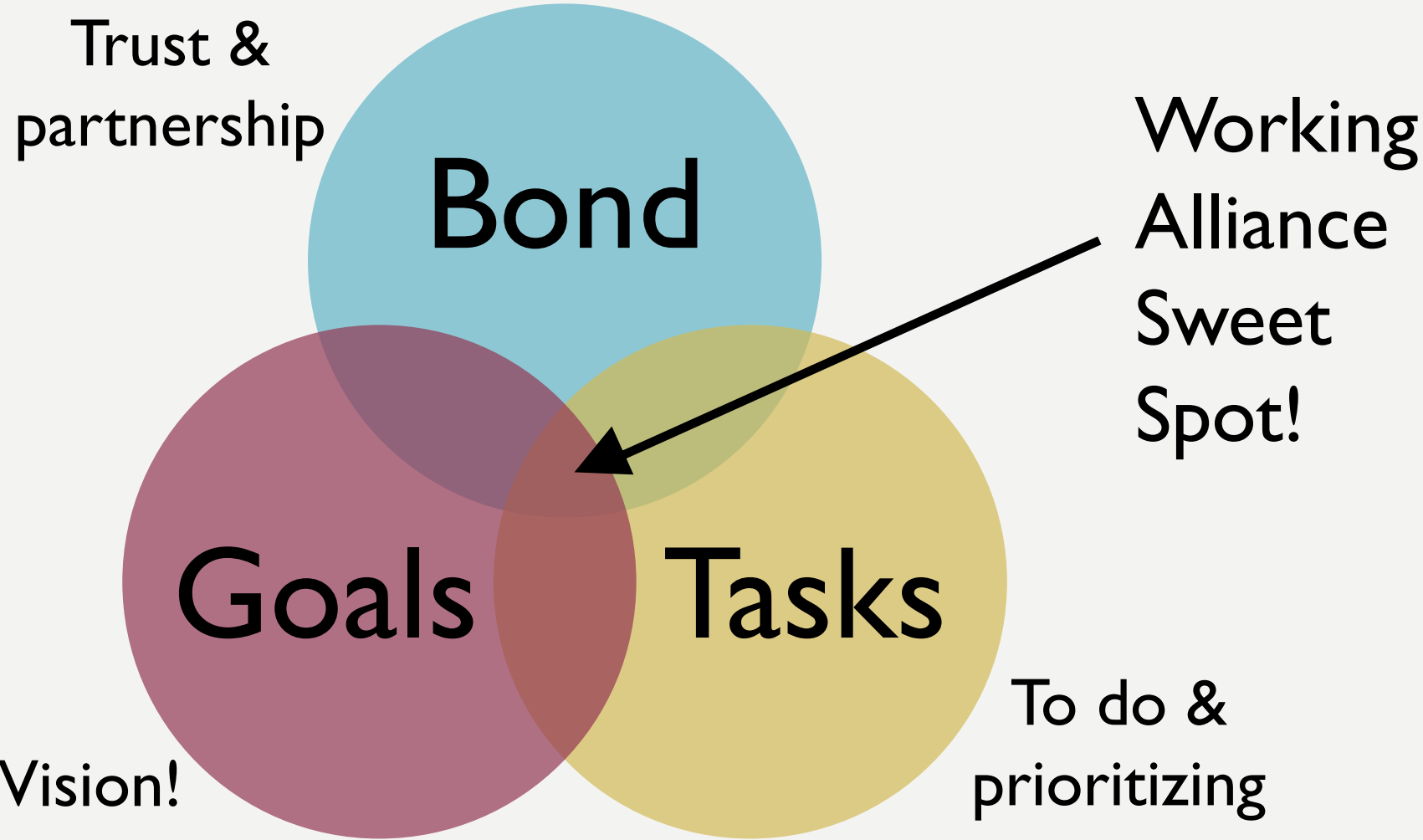
Program Evaluation

OUR #1 LESSON LEARNED:
PARTNERSHIP

WHO ARE YOUR PARTNERS?

- List the top 1 person **who helps you to do your job efficiently & effectively.**
- Now with the person next to you:
 - Share **why you think you have such a good partnership** with them?
 - **Why do you work well** together?
 - What is your **relationship** like with this person?

WORKING ALLIANCE



WHO DO YOU WANT/NEED TO BETTER PARTNER WITH??

Envision the **ONE** person **who you would benefit from having a stronger working alliance with.**



PICTURE THAT PERSON...& RATE:

1. How well are we collaborating? To what extent do we both feel that it is a true collaboration?

Collaboration

1 2 3 4 5

1 2 3 4 5

Trust

2. How much do I experience trust in this alliance? Does the other person trust me? Why or why not?

1 2 3 4 5

Authenticity

3. How authentic am I able to be with this person? Can I be myself? What do I keep from this person? How authentic is this person during our interactions? Why?

5. To what extent are we companions? How close do I feel to this person? Would this person feel the same way? Why or why not?

Companionship

1 2 3 4 5



Empathy

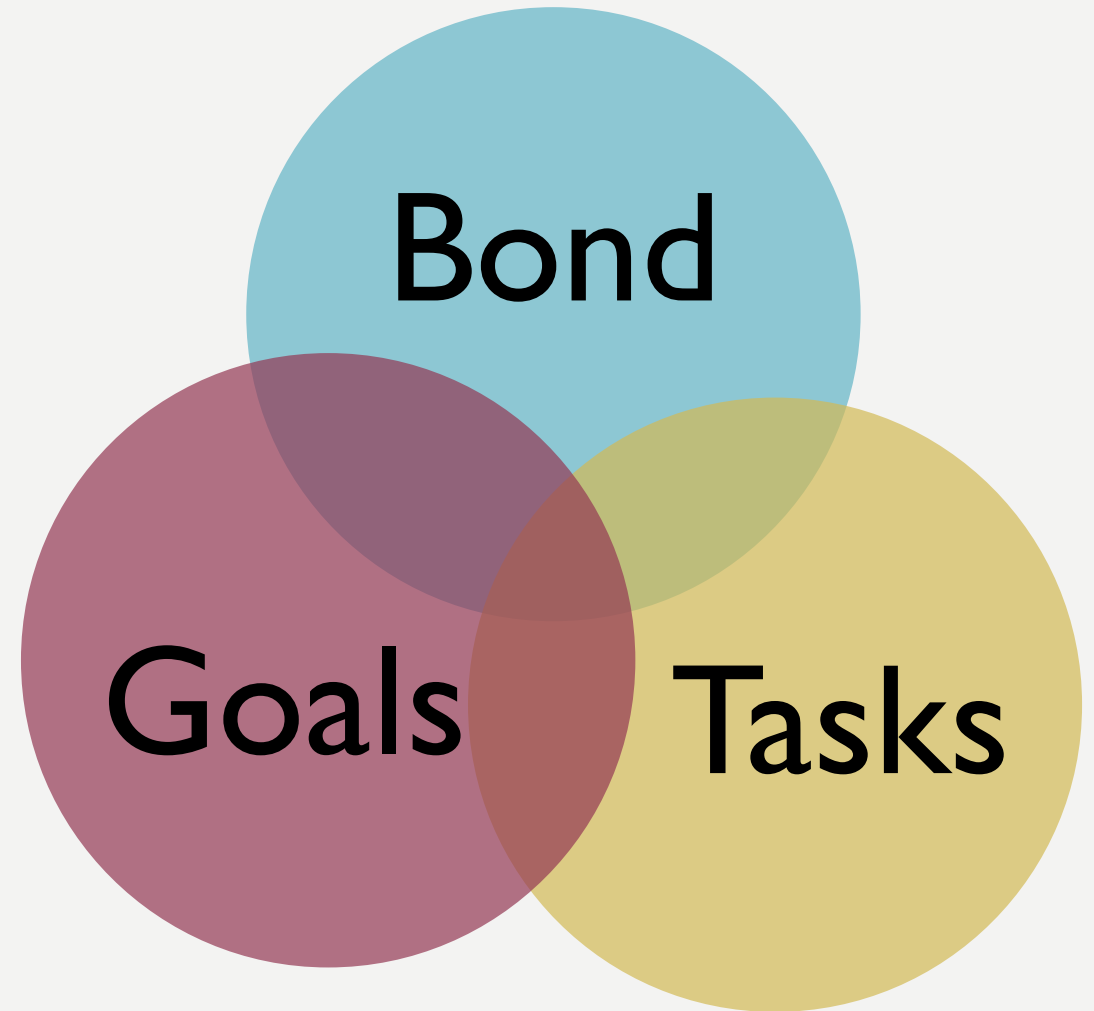
1 2 3 4 5

4. How empathetic do I feel with/towards this person? When am I not empathetic? Does this person empathize with me? Does this person feel validated by me? Why or why not?

**Distribute
Worksheet**

DISCUSS IN TEAMS

- Share which areas you **rated your alliance the lowest**.
 - Record on the large sticky
- Brainstorm the **major obstacles** to better partnership. What really gets in the way?
 - Record on the large sticky

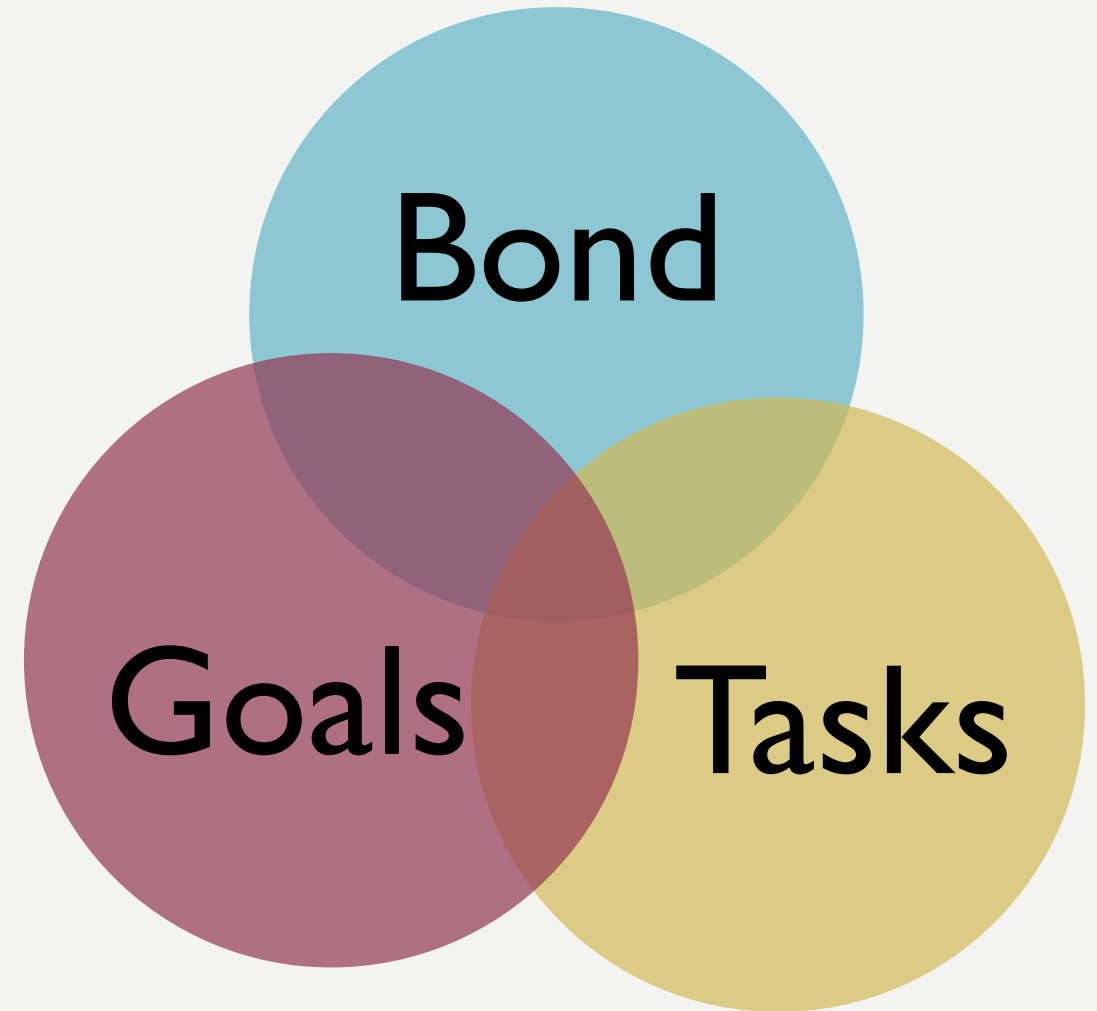


WHAT ARE YOU GUNNA DO?

How might you increase alignment?

In your team pick 1 person's alliance scenario to focus on.

Brainstorm & identify 1-2 strategies for each domain.



**SHARE 1 THING
YOU LEARNED
OR YOU WILL TRY
WHEN YOU LEAVE HERE
(WITH YOUR TEAM)**

THANKS & QUESTIONS

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YAYAS ERQ ORG MAP

