# IMPACT OF CHANGE: BENEFITS OF MOVING TO A QUALITATIVE REVIEW PROCESS

University of Illinois Foster Care Utilization Review Program Illinois Department of Children and Family Services, Quality Assurance and Administrative Case Review





# Our presentation today will provide the following:



- What ACR is and how we moved it from a compliance to qualitative process
- Share the different elements of the process
- How we use it for CQI
- How it's going now



# What is ACR (Administrative Case Review)?

- Social Security Act Requirement 1980
- 1981 ACR established

Mandated

• DCFS Rule and Procedures 316

# Case Review

- Semi-Annual
- Every Child in Foster Care, Statewide
- Includes Parent, Youth, and Foster Parent Voice

- Supports Timely Permanency
- Evaluates Child Well-Being
- Evaluates Child Safety

## Outcomes





# Volume of ACRs

How many cases are reviewed?

FY Reviews	# Families	# children
FY2020	17,692	31,996
FY2021	18,576	33,471
FY2022	19,798	36,140
FY2023	21,179	39,284
FY2024	21,397	39,484





# **GOALS**:





- With other review and monitoring entities
- Re-Brand • Quality Service & Permanency

Promoters

- Impact

• Deliver greater benefit to children & families served



Satisfaction

• Feel better about the work

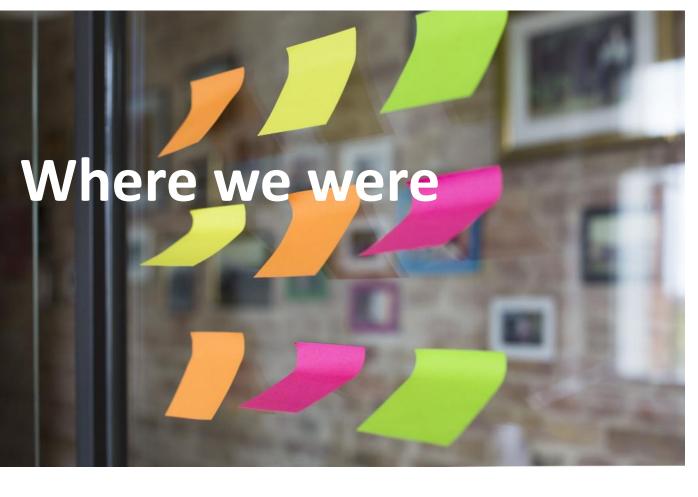


• Develop & test new tools; scale up; **PowerBl** Dashboard



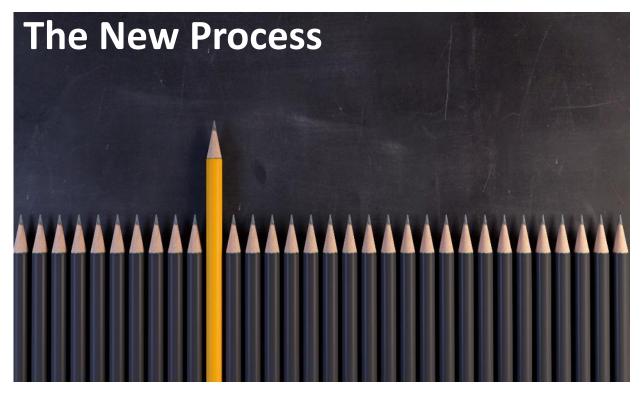


## **EXISTING TOOL: FOCUS ON STATUS**



- Predominantly compliancefocused
- Collecting updates on the previous 6-months
- ACRs were in-person, tended to be attended primarily by the CW only
- Feedback to staff was mostly ignored, and identified needs/concerns were often repeatedly unaddressed





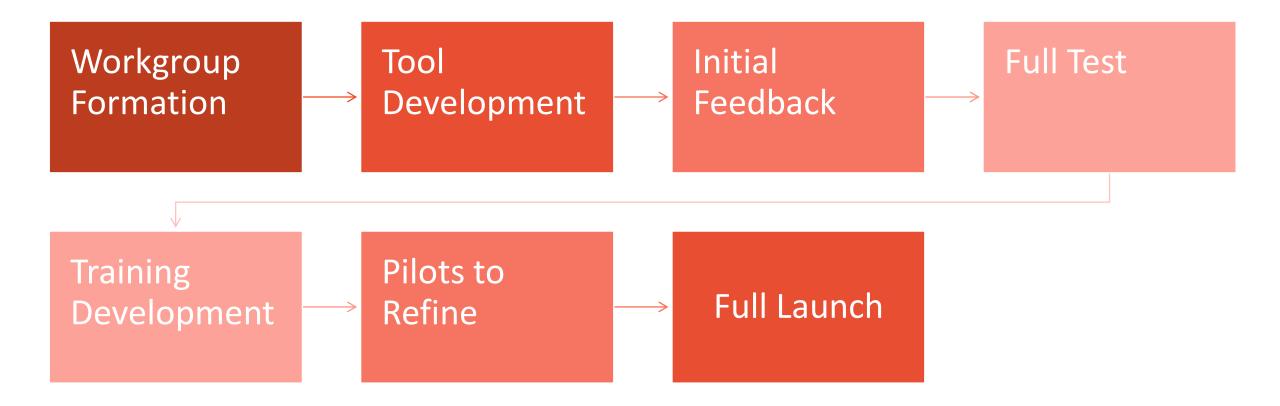
# A FOCUS ON QUALITY

- -5 Rated Priority Areas:
  - Quality CFTMs
  - Quality Case Planning
  - Quality CW In-Person Contacts
  - Quality Family Visitation
  - Quality Supervision
- -Other Important Questions
- -Encouraging full stakeholder participation
- -Interviews are key to determining quality and to select the most accurate ratings -Focus on progress of the case and where it's going in the future -PowerBI Dashboard for CQI





# **Timeline of development and launch**







#### Administrative Case Review (ACR) Logic Model

**Problem:** Existing ACR process focuses on the review of compliance with the current service plan rather than a review of permanency planning



#### Inputs

All children in foster care (reviewed every 6 months)
58 ACR Reviewers (Statewide)
9 ACR Managers (Statewide)
UIUC/FCURP (Validation)
CWG Group (Coaching)
ACR Database

#### **Activities**

 Refocus ACR process to assess quality of key child welfare practices around 5 Priority Areas (CFTM, CW Visits, Family Visitation, Case Planning, and Supervision) to promote achievement of permanency (Qualitative Questions/Intent & Instructions)
 Implementation of structured interviewing of key case stakeholders to obtain an accurate picture and inclusive

- Participation
  Coaching of ACR Reviewers to support adaptive change and hone assessment and interviewing skills
- •Validation of a sample of cases to determine inter-rater reliability
- •Improved Feedback for caseworkers and supervisors
- •Development and launch of an On-Demand virtual training for all staff on the new model

#### Outputs

• ACR data will be used by DCFS and private child welfare agencies it contracts with for CQI purposes

•ACR as a process is prioritized by agencies and direct service staff, is valued and respected because the data is qualitative and reliable

#### Outcomes

#### **Proximal:**

Increased family attendance and participation at ACRs
Increased participant satisfaction scores

#### Intermediate:

• Progressive improvement in ACR ratings

•Use of Subsidized Guardianship and Adoption permanency goals increases

#### **Distal**:

•For children in care 12-23 months, increase the percentage who are discharged within the next 12 months (BH overarching outcome measure)

#### Side Effects:

No re-entry into foster care after permanence
Less maltreatment in foster care
Length of stay is reduced

#### Impact

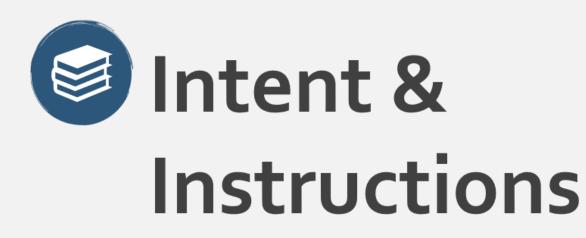
ACR is an effective vehicle for achieving DCFS's mission: "To promote prevention, child safety, permanency and wellbeing. We bring the voices of Illinois children and families to the forefront, building trusting relationships that empower those we serve."

> Illinois Department of DCFS Children & Family Services



# **NEW TOOLS**





- 5 Priority Areas + Other Important Questions
- Questions & Ratings only
- Y/N/X or a coded response (Questions)
- Rating for Priority Area sections (1, 2, 3 or 4 rating)

- Guidance for what to consider and how to answer each question
- Reduces subjectivity
- Helps determine the QUALITY





PRIORITY AREA: QUALITY CHILD AND FAMILY TEAM MEETINGS (CFTMS)							
<b>Purpose of Assessment</b> : To determine through case file review and interviews whether CFTMs are of good quality and are moving the case toward achievement of case goals. <b>***</b> A CFTM is a <b>formal, planned, and structured meeting</b> versus an accidental/spontaneous occurrence (such as a routine visit to the parent home that is also coded as a CFTM in SACWIS). <b>***</b>	Where to Find	Rule/ Proced ure					
<ul> <li>Definitions: For the purposes of assessment in this Priority Area, a Child and Family Team (CFTM) that is good quality and moving the case toward achievement of case plan goals includes all of the elements below (#1-5). If you (ACR Reviewer) observe that a "CFTM" occurred during the previous 6 months (the PUR), assess which of the following elements occurred for each CFTM:</li> <li>Includes preparation with the parents/youth/team in advance of the meeting (to empower the parents/youth to be involved in setting the agenda for their meeting, clarify who must be a part of the team at the meeting, and clarify the focus of the meeting [current and ongoing])</li> <li>Information learned during preparations for the <i>initial</i> CFTM is documented in a Contact Note. Notes should include, but are not limited to: <ul> <li>a. Family story (description of childhood, losses or other traumatic events, family successes)</li> <li>b. Desired outcomes</li> <li>c. Identified team members (formal and informal supports; "Formal" would include service providers; "informal" would include friends, family, religious leaders, coaches, etc.) for the initial meeting and ongoing meetings</li> <li>d. Clarified the focus of the meeting and resulted in an agenda for the meeting</li> <li>e. Established the initial CFTM date, time and location</li> </ul> </li> <li>Determine whether the agency has made concerted efforts to ensure that the preparation discussions for <i>ongoing</i> CFTMs included: <ul> <li>f. Reviewing the proposed CFTM agenda, for each CFTM</li> <li>g. Supporting the parents/youth to include/invite members of the CFTM (formal &amp; informal supports), and identify new ones as needed h. Empowering the parents/youth to lead the CFTM process <ul> <li>i. Establish the meeting date, time and location, for each meeting</li> </ul> </li> </ul></li></ul>	<ul> <li>SACWIS</li> <li>Contact CFTM Notes</li> <li>Interviews</li> </ul>	315.105 302.388 (i)					



- 2. Must include **an identified team** of participants (minimally the parent(s)/youth, the caseworker and supervisor\*, formal and informal supports as identified by the parent/youth) \*Supervisor participation as required by P.315; twice a year, before each ACR.
- 3. Encourages, supports and is responsive to the "voice and choice" of the parent(s)/youth
- 4. Include discussions about the Case Plan development, progress and effectiveness, as well as who will help with what tasks
- 5. Ensures coordination of care across providers for the benefit of the family and implementation of case plan goals, as well as removal of barriers
- 6. Meetings/Plans developed under the High-Fidelity Wrap-Around model or the Pathways to Success model *should be counted as a CFTM*

**Other Definitions:** 

- "Parents" includes custodial and/or non-custodial biological parents, legal parents/guardians, primary caregivers who are not biological or legal parents (e.g. aunt or grandmother who was caring for the child prior to foster care), OR foster/pre-adoptive parents if they are considered the primary caregiver. This arrangement of people can be different for each case; the reviewer must determine who is appropriate for consideration. The absence of a parent whose whereabouts are unknown despite frequent and documented efforts to locate that parent does not result in the cessation of CFTMs. In situations like that, the reviewer should determine who would constitute the primary caregiver for that child.
- "Youth" means a child who is age (age 12 and older) and developmentally able to participate in CFTMs; in particular, reviewers should consider youth with permanency goals of Independence (27) or Continuing Foster Care (29) who are approaching adulthood. These youth should be engaged and supported as leaders of their CFTMs.



Q#	Question	Intent and Instructions
A.01	During the PUR, have there been any CFTMs on this case?	<ul> <li>Select the most appropriate response for this question:         <ul> <li>(A) All elements listed above (#1-5) were evident through documentation and/or ACR interviews, for CFTMs that occurred during the PUR</li> <li>(B) There was a CFTM, but there was no evidence of a prep meeting with the parents/youth before the CFTM (however, elements #2-5 WERE evident) (Reviewer: Document all of the elements that were not evident on the Feedback Form)</li> <li>(C) There was a CFTM, but there was no evidence of a prep meeting, and during the meeting one or more (but not all) of the elements noted above (#2-5) were not evident in documentation nor interviews (Reviewer: Document all of the elements that were not evident on the Feedback Form)</li> <li>(D) There were no documented CFTMs at all, and interviews confirmed this fact (i.e., no elements #1-5 noted above were evident), OR notes labeled CFTM in SACWIS do not include any of the elements #1-5 as noted above</li> </ul> </li> </ul>
A.02	During the PUR, have the CFTMs occurred with the frequency as required per policy, or more frequently as requested by the family?	<ul> <li>REVIEWERS: Only answer this question if A.01 is answered <u>A or B</u></li> <li>To answer this question, consider all CFTMs that occurred during the PUR.</li> <li>DCFS Procedure 315.105 identifies the following minimum frequency requirements for CFTMs:         <ul> <li>Monthly: Child and Family Team Meetings shall be held as often as is needed, but not less than monthly for a child in a Therapeutic Residential Services Program. (see Procedures 315.112).</li> <li>40 Days: The 40-Day Child and Family Team Meeting shall be conducted approximately 40 days from protective custody, in order to review the results of the Integrated Assessment and CANS and develop an Initial Service Plan (see Procedures 315.115).</li> <li>Quarterly: Child and Family Team Meetings shall be held at regular intervals throughout life of the case (approximately every 90 days) (see Procedures 315.120).</li> <li>30 Days Before Reunification/Case Closure: A Child and Family Team Meeting must be held approximately 30 days prior to reunification and/or case closure to develop the After Care Service Plan (see Procedures 315.125).</li> <li>CFTMs can occur as frequently as the family/youth directs, however they must happen at least quarterly (if the family/youth suggests a frequency less than quarterly, the caseworker will step in and advise that the team needs to meet at least quarterly).</li> <li>Answer Y if documentation and interviews suggest that the CFTMs coded A or B in question A.01 are occurring with the frequency that was appropriate given the involvement of the parents/youth and the case dynamics</li> <li>Answer N if documentation and interviews suggest that CFTMs coded A or B in question A.01 occurred less than quarterly</li> <li>Answer X if the answer to question A.01* is C or D</li> </ul> </li> </ul>



2



Q#	Question	Intent and Instructions
A.03	During the PUR, have the followin	ng stakeholders felt that they were <b>engaged</b> in the CFTM process?
-05	A.03 Mother?	• NOTE FOR REVIEWERS: Answering this question "Y" or "N" for any stakeholder will depend on whether they were present for the ACR
	A.04 Father?	<ul> <li>interview (See U and X options below if any of them were NOT present for the ACR)</li> <li>For this question, examples of feeling "engaged" can include:</li> </ul>
	A.05 Child/youth?	<ul> <li>The stakeholder feels they are treated <u>respectfully</u></li> </ul>
		<ul> <li>The caseworker is responsive to stakeholder's cultural/racial identity</li> </ul>
		<ul> <li>The stakeholder feels they are an equal part of the <u>team</u></li> </ul>
		<ul> <li>The stakeholder feels that their voice and opinions are heard and considered (i.e., their story is important)</li> </ul>
		<ul> <li>The stakeholder feels that they are a part of <u>decision-making</u></li> </ul>
		<ul> <li>The stakeholder feels that they are encouraged to identify individuals who are supportive of them and important to <u>them</u></li> </ul>
		- The stakeholder feels that they are able to explain why their case is open and what needs to happen in order to close the case
		<ul> <li>The stakeholder feels that accommodations are made to support their participation at the meetings, etc.</li> </ul>
		Answer "U" if the parent(s)/youth were not present during the <u>ACR</u>
		Answer "X" if the answer to A.01* is C or D
		Answer "X" for Mother or Father if any of the following apply: 1) The parent was deceased or their identity is unknown; 2) The parent's parental rights were terminated/surrendered, and parent-child visitation is not occurring; 3) The parent's whereabouts are unknown DESPITE ongoing agency efforts to locate her; 4) There is an updated assessment by the caseworker and supervisor that visits are not clinically appropriate and would not support the child's best interests; OR 5) The parent has indicated that they does not want to be involved in the child's life, despite ongoing efforts of the agency to re-evaluate their position
		Answer "X" for the Child/youth if they are under the age of 12, or are 12+ years of age but developmentally unable to participate in the ACR interview



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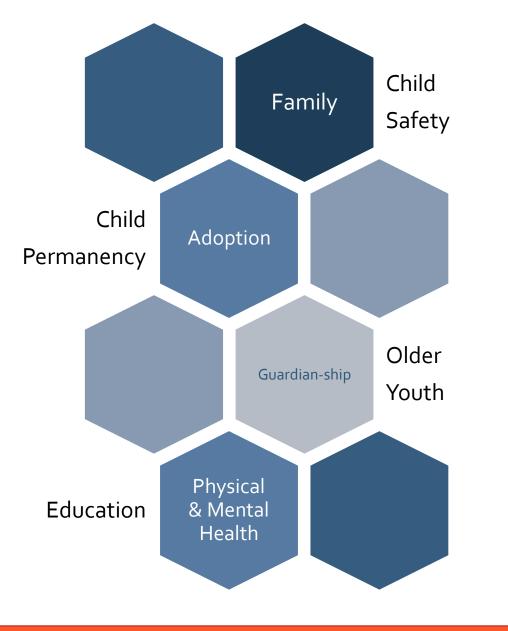
<u>OVERALL RATING</u> A. Priority Area #1: Quality Child & Family Team Meetings										
A. OVERALL RATING INSTRUCTIONS	;									
1 = Full Implementation / Outstanding Performance.	<b>2</b> = Substantial Implementation / Good Performance.	<b>3</b> = Partial Implementation / Concerning Performance.	4 = Unsatisfactory Implementation / Unsatisfactory Performance.							
A.01 is answered A <u>and</u> A.02 is answered Yes (If A.1 is "D" the overall rating is 4)	A.01 is answered A or B, but A.02 is answered No, <u>or</u> A-01 is answered B, and A-02 is answered <u>YES</u>	A.01 is answered C, and A.02 is answered X. (If A.1 is "D" the overall rating is 4)	A.01 is answered D and A.02 is X							
	(If A.1 is "D" the overall rating is 4)									



# Other Critical Questions

"Must Keep" Questions/Trends from Existing CRIP

8 Sub-sections
41 Questions to answer
No ratings







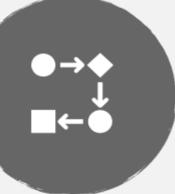




Parents, Youth, Caseworker &/or Supervisor, and Other Interview Discussion Points (new)



Webex Main Room Waiting Room



In the ACR Individually Group

# Interviews

Who, What, Where, When





# **COACHING SUPPORT: CWG**

- Coaching and TA support from a contracted support, the Child Welfare Policy and Procedures Group (aka "CWG").
- Help with the transfer of learning for reviewers from the training received to completing an ACR and applying the case to the I + I accurately.
- Help build and refine reviewers' interviewing skills and confidence.



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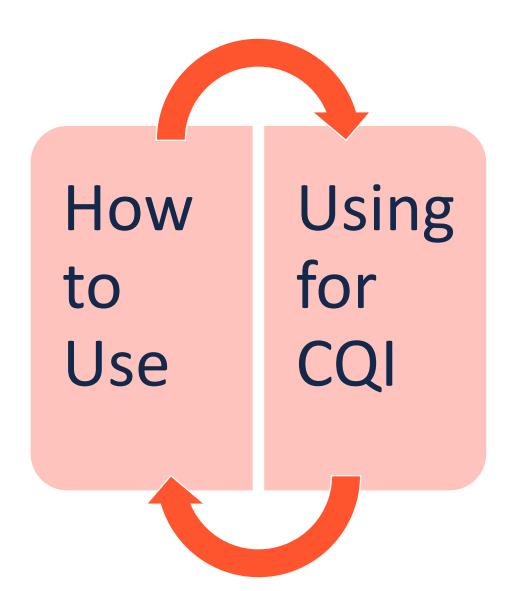
## **DATA: PowerBI Dashboards**

	Power BI DCFS - Performa	ance ACR Review (Septemb   Data updated 9/23/24 ~ ···	
Home	Pages «	Image: FileImage: matrixImage:	
$\oplus$	Intro	Reset 🛞 ACR Dashboard for Priority Areas	S «
Create	ACR Data by Region	Fiscal Year     Fiscal Quarter     Region     Priority Areas       2024     Multiple selections     Statewide     All	Filters
Browse	ACR Data by Sub Region	Priority Area Questions	
Data hub	ACR Data by Immersion	C-11 Priority Area 3: Overall Rating Quality in-person caseworker contacts           Region         Statewide           Answers	~
B	ACR Data by Agency	01 - Outstanding         21007         61.4%           02 - Good         8016         23.4%	
Apps	ACR Data by RSF	03 - Concerning     3495     10.2%       04 - Unsatisfactory     1688     4.9%       Total     34206     100.0%	
<b>D</b> Metrics	ACR Data by All Filters		
D	ACR Data by Region Ov	Answer Percent by Region Answers Answers	
Workspaces	CRIP Questions and Ans	23.4% 01 - Outstandin 02 - Good	g
<b>E</b>		50%	e
My workspace	Data		Rector
workspace		0% 61.4% Statewide	





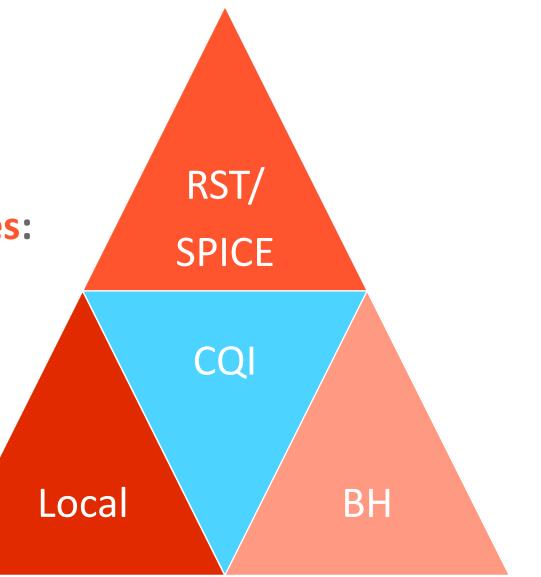
**CQI Tools:** Guides for Using Dashboards, and using the data for CQI







# Feeding CQI Processes & Activities: Large and Small







# **University Partnership:** Chapin Hall

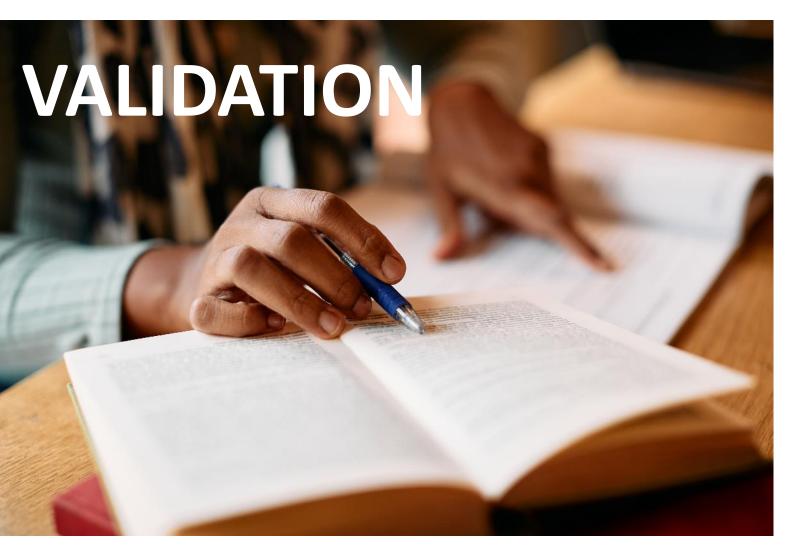
## **Two research questions:**

1. Do ACR priority area ratings (lower is better) improve over time?

2. Do better ACR priority area ratings improve child welfare outcomes? (*i.e.*, length of stay, number of maltreatment, discharge to permanency, discharge within 12 months, and re-entry to DCFS legal custody)







- An ongoing process to review, enhance and collaborate
- 2 rounds of intensive validations with the ACR model
- Over a 6 month period
- Sample of 145 cases
- Validator assigned
- Analysis of agreement between the reviewer and validator



# VALIDATION Rounds 1 and 2: COMPARISON DATA (CHAPIN)

	% FCURP and DCFS Same Rating									
	Round 1 Validation	Dec 2022	Jan 2023	Feb 2023	March 2023	April 2023	May 2023	Round 2 Validation		
All Overall Ratings	40%	40%	47%	41%	47%	50%	57%	47%		
Case Overall Rating Score (F.01)	Not Assessed	39%	46%	40%	41%	46%	58%	46%		
Overall Rating A. Priority Area #1: Quality Child & Family Team Meetings	57%	52%	71%	56%	64%	73%	79%	66%		
Overall Rating B. Priority Area #2: Quality Case Planning	Not Assessed	26%	38%	40%	36%	38%	42%	37%		
Overall Rating C. Priority Area #3: QUALITY IN-PERSON CASEWORKER CONTACTS	36%	39%	58%	32%	41%	38%	63%	46%		
Overall Rating D. Priority Area #4: QUALITY FAMILY VISITATION/CONTACT	37%	39%	29%	28%	36%	46%	42%	37%		
Overall Rating E. Priority Area #5: Quality Supervision	29%	43%	42%	48%	64%	58%	58%	42%		

Source: Chapin Hall



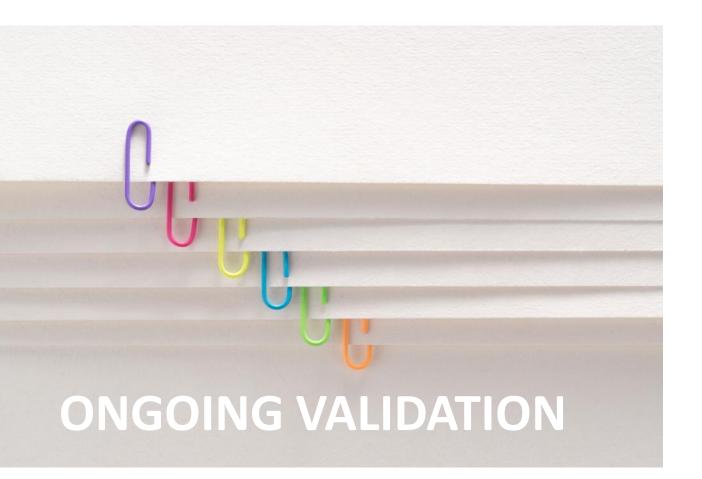
# VALIDATION Rounds 1 and 2: COMPARISON DATA (CHAPIN)

	% Agreement by Passing/Not Passing Status								
Passing: Score of 1-Full or 2-Substantial Implementation Not Passing: Score of 3-Partial or 4-Unsatisfactory Implementation	Round 1 Validation	Dec 2022	Jan 2023	Feb 2023	March 2023	April 2023	May 2023	Round 2 Validation	
All Overall Ratings	64%	65%	69%	59%	73%	63%	72%	67%	
Case Overall Rating Score (F.01)	Not Assessed	61%	75%	60%	73%	46%	88%	67%	
Overall Rating A. Priority Area #1: Quality Child & Family Team Meetings	72%	65%	83%	76%	82%	85%	88%	79%	
Overall Rating B. Priority Area #2: Quality Case Planning	Not Assessed	65%	50%	56%	68%	58%	50%	58%	
Overall Rating C. Priority Area #3: QUALITY IN-PERSON CASEWORKER CONTACTS	59%	65%	83%	44%	64%	62%	63%	63%	
Overall Rating D. Priority Area #4: QUALITY FAMILY VISITATION/CONTACT	60%	65%	54%	48%	68%	65%	71%	62%	
Overall Rating E. Priority Area #5: Quality Supervision	67%	70%	67%	72%	82%	65%	75%	72%	

Source: Chapin Hall







# **SAMPLING PROCESS:**

- Sampling and assignment
- Time frame
- How cases are selected
- Assignment of review staff
- Logistics (case sampling, stratification, managing of database, etc.)





# **ONGOING VALIDATION**

#### **Validation Process**

- Review SACWIS and other documents
- Observe review
- Complete tool
- Enter tool to SurveyMonkey
- ACR will enter their tool

### Data Analysis and Feedback

- FCURP compares data
- Comparison data reviewed with team
- Discussion regarding differences in monthly meetings

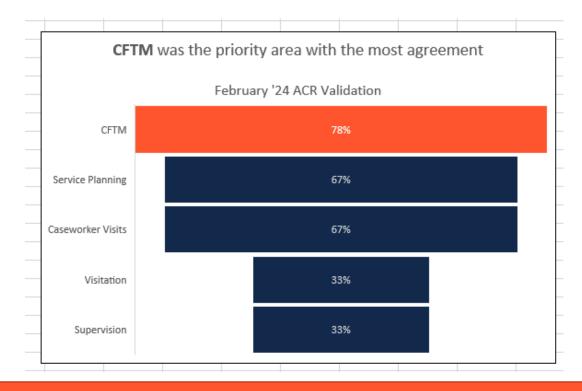
### Manager Feedback with Reviewer

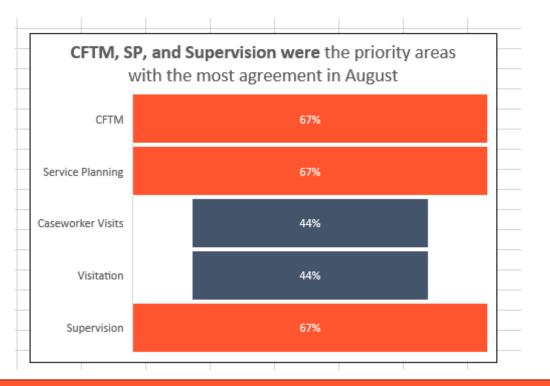
- Feedback discussed with reviewers
- Information utilized with mentoring/coaching





Priority Area	De	ercent of So	ores in Ag	reement							
Filolity Alea					B.4 12.4	0		1	1.1.1.2.4	A	Trand
	Sep '23	Oct '23	Jan '24	Feb '24	Mar '24	Apr '24	May '24	Jun '24	Jul '24	Aug '24	Trend
CFTM	56%	78%	67%	78%	67%	67%	78%	67%	67%	67%	$\sim$
Service Planning	44%	33%	44%	67%	33%	44%	44%	56%	33%	67%	$\sim$
Caseworker Visits	89%	56%	56%	67%	67%	56%	56%	44%	56%	44%	$\sim$
Visitation	67%	67%	67%	33%	44%	44%	56%	44%	89%	44%	~~~
Supervision	78%	44%	56%	33%	89%	33%	44%	67%	44%	67%	$\sim$
Overall	56%	67%	67%	56%	56%	56%	33%	56%	44%	56%	$\sim$







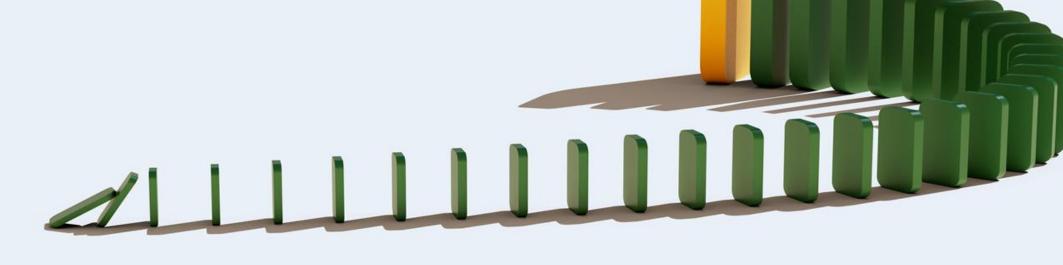
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ource: UIUC/FCURP



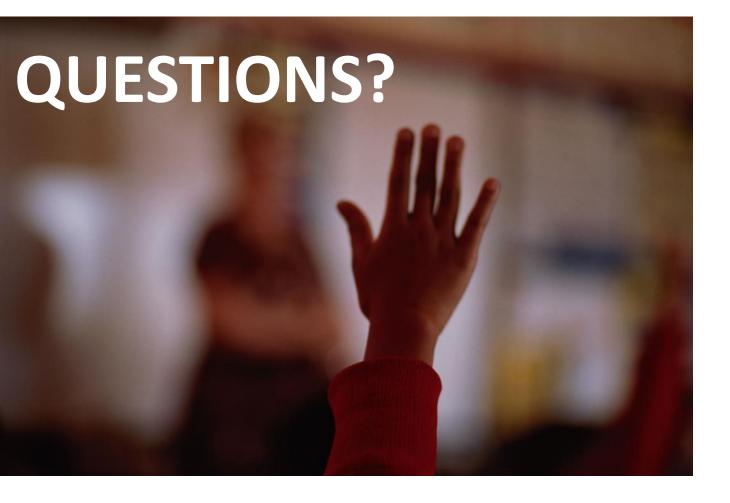


What has been happening for ACR staff... Effects of this process in the field...









## FOR MORE INFORMATION, CONTACT:

Geraldine Rodriguez, Program Director, UIUC/FCURP: geraldine.rodriguez@llinois.gov

Jamie Ralph, ACR Administrator, DCFS: jamie.ralph@illinois.gov

Jennifer Eblen-Manning, Deputy Director of Quality Assurance, DCFS: jennifer.eblen-manning@illinois.gov

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